

CARNON DOWNS VILLAGE MAGAZINE

Autumn 2026





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Welcome to the Autumn 2026 edition of the magazine. There has been a lot happening in the village over the past 6 months including the annual Scarecrow competition, a live music evening, film nights and the regular clubs. There has also been a 'What's On' event to feature the range of local groups and support organisations and many of these feature in this edition.



At the time of writing this article we have had 4 heatwaves this year in Cornwall (may, June, July and August). The UK recorded its warmest spring on record for mean temperature, beating all previous springs since records began. The fields and grass verges around the village have been looking particularly dry as have our gardens.

The cover photo (background) is *the field* adjacent to the Doctors surgery taken in July. It has been enhanced with images as a memento of this summer in Carnon Downs.

Thank you to all that have helped to continue to make this magazine possible. We print and distribute more than 1000 copies around the village, as well as in the former telephone box in Forth Coth and the Feock Parish Council Offices (Devoran). Any feedback or ideas for future editions welcome. Email camondownsnews@gmail.com.

Nicola, Editor

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Carnon Downs
Village Magazine
Facebook



DISCLAIMER: The information about groups and businesses, including links to websites, has been included in this magazine in good faith that this is correct. The magazine is not responsible for any errors, changes, or omissions if these details are subsequently found to be incorrect.

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Where has the year gone? It hardly seems possible that summer is already drawing to a close! As we look back on another fantastic few months of community events, our attention is already turning to two of our favourites – **Spooky Family Fun Night** and the **Christmas Lights Switch On**.

A Fantastic Scarecrow Competition

A huge **thank you** to everyone who took part in, visited or volunteered at this year's Scarecrow Competition. Once again, the village was full of creativity, humour and community spirit, and thanks to your incredible support we were delighted to raise **£1,000**. Photos of some of the entries are in this newsletter. Half of the proceeds (**£500**) has been donated to **Penhaligon's Friends**, who provide invaluable support to bereaved children, young people, parents and carers across Cornwall. The remaining **£500** will go towards this year's Christmas Lights display, helping us purchase even more lights as we continue to expand the display around the village. Congratulations to all of our winners!

Large Display

🥇 **1st** – No. 2, 10 Killicourt – *The Harlots Arms – Open All Night (Overall Winner)* 🏆

🥈 **2nd** – No. 14 Hillview, Forth Coth – *Lamp Lighter*

🥉 **3rd** – No. 5 Jandy, Tregye Road – *The Scarecrows' Wedding*

Individual Scarecrow

🥇 **1st** – No. 26 Wenydune, Bissoe Road – *Civil Engineer Brunel*

🥈 **2nd** – No. 20, 18 Parkancreeg – *Newlyn Fish Wife*

🥉 **3rd** – No. 6, Top of Park View Close – *Vermin Control Officer*

Halloween Fun for All the Family

Our **Spooky Family Fun Night** returns on **Halloween** at **Carnon Downs Village Hall** from **4.30pm**.

There'll be plenty to enjoy, including:

Carved Pumpkin Competition (please bring entries to the Village Hall by **4pm**)

Donut bobbing - Ghostly Trail - Spooky films - Spooky games and Refreshments

Entry is **£2 per child**, including a Ghostly Trail map.

A selection of entries in the Scarecrow Competition. Also see the front cover of this magazine. The theme was jobs from 200 years ago.



'Civil Engineer Brunel'



'Open All Night'



'Ships Mate'



Pure Finder



Pre-WI Lady



Cousin Jack



Farmer Pengelley



Shoemaker



Workhouse Urchins



Fishwife



Cornish Tin Miner



Vermin Control Officer (3rd)



Newlyn Fishwife (2nd)



Leech Collector

Christmas Lights Switch On

The countdown to Christmas begins on **Saturday 5th December**, when our annual **Christmas Lights Switch On event** takes place from **4.30pm to 7pm** at both **Carnon Downs Village Hall** and **The Hub Carnon Community Methodist Church**.

This year's festivities will include Village Christmas tree lights switch on - Christmas Gift Fayre - Giant Snow Globe - Fish and chips - Mulled wine - Spider Van Ice Cream - Face painting - Festive music.

We're hoping to make this year's display even bigger by extending the lights further down the village to the upper section of **Old Carnon Hill**. We begin putting the lights up from the middle of November and would love to hear from anyone who could spare a few hours to help, or who would be willing to host one of our new light displays. **Could You Help?**

Our **Annual General Meeting** will be held in **November (date tbc)**, and we'd love to see some new faces. If you have ideas for future events, please come along and share them. We'd also welcome anyone interested in joining our small but enthusiastic team. Volunteering doesn't have to be a huge commitment. Whether it's baking a cake, selling Scarecrow Trail maps, helping with raffle tickets for an hour, putting up Christmas lights or lending a hand at an event, every bit of help makes a real difference.

Looking ahead to **2027**, we hope to again run our popular **Bingo sessions**, **Easter Trail**, **Scarecrow Competition**, **Spooky Family Fun Night** and, of course, the **Christmas Lights Switch On**. Following the success of **The Beautiful South West** live music night in May, we're also hoping to organise more live music events. Keep an eye out for posters around the village, visit www.carnondownsvillage.co.uk, or follow **Carnon Downs Community Association** on Facebook for all the latest news and event details. Contact phone 01872 864567 or email carnondownsvillage@gmail.com

Thank you once again for helping make Carnon Downs such a wonderful community. We look forward to seeing you at our upcoming events!

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What keeps radio listeners away from the off-switch? The answer is: content. Large broadcasters may have generous funding, but their content is often dictated by powerful advertisers or politics. For a small community radio station, the position is reversed. Finances are often a problem, but the presenters can plan their programmes, and bring you more variety...and CHBN is run entirely by a team of volunteers and has plenty of variety in its programming.

But first a little history...the seed of CHBN was planted in the 1960s at the Royal Cornwall Infirmary with the introduction of a few loudspeakers in the wards and a record player. This became Truro Hospital Radio as a registered charity in 1980 and morphed into Truro's Hospital and Community Radio on 100.8 FM in 2014. At that time, CHBN was one of the first hospital radio stations in the country to be granted a community radio FM licence by OFCOM, broadcasting from the Tower Block at the Royal Cornwall Hospital. This was a logical progression. As medical procedures have improved, patients spend far less time in hospital beds and far more time recuperating back in their communities, so the radio programmes that they have listened to can follow them home and be available there.

In April 2019 came another 'first' when Sport England chose CHBN to take part in a new project - '10 Today'. We were asked to broadcast a 10-minute exercise routine every weekday at 10:10, the exercises being particularly tailored to meet the needs of older people, and can be carried out standing or sitting down.

Exercising at home suddenly became not just an option, but essential when the pandemic struck in early 2020. The studios in the hospital had to close, so the station's presenters had to present their programmes from newly-created 'home studios' via clever software. A 'Community Help Show' was created to act as a link between patients and their families who could not visit, and a notice-board to let the community know what help and services were available. By the way, that radio show, and the notice-board still operate today.

Intensive post-pandemic fundraising by the volunteers allowed the station to 'go digital' and replace all the analogue equipment that had served the station for over 20 years. Presenters now use touch-screens to control the

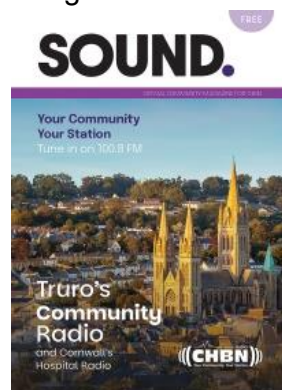
output so that CHBN now has state-of-the-art equipment comparable with the most modern commercial stations.

So... back to that question at the beginning, and the importance of content. The 'Cornish Talking Newspaper' is circulated weekly on a USB memory stick to the blind or partially sighted population of Cornwall and is also broadcast weekly on CHBN. Peter Dowsett's 'Care for a Song' plays requests and dedications to the residents of Cornwall's care homes, giving families some time 'together at a distance'. Viki Carpenter from 'Access Cornwall' broadcasts information and support to make life easier for anyone in the county with disabilities. Visit our website and you will see mentions of rock and folk, to classical, to musicals, to songs through the decades, even to 'Soft Soothing Sounds' overnight. Why not give it a try? <http://www.chbnradio.org/>

Julian

Listen on

- **100.8 FM** (in Truro area)
- via a Smartphone or Tablet by downloading the **CHBN Radio App**
- In hospital (NHS Wi-Fi)
- Smart speaker Just say **Listen to CHBN Radio**

The advertisement features a photograph of an elderly woman with white hair, wearing a blue jacket, sitting in a wheelchair. She is smiling and holding a small, fluffy, light-brown dog. A hand is visible, petting the dog. The background is a blurred indoor setting.

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SIGNPOSTING TO HELP AND SUPPORT



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We can help you lead a happier, healthier lifestyle. <https://www.healthycornwall.org.uk/>

NEIGHBOURHOOD WATCH

Neighbourhood Watch is the largest volunteer-led crime prevention charity in England and Wales. They work across local communities and regions to empower and educate people, as well as to bring communities together. www.ourwatch.org.uk/

There is no current Neighborhood Watch group locally but there is help offered to set one up.



CORNWALL'S FAMILY INFORMATION SERVICE (FIS)

It gives information on local services for children and young people. It is for children aged 0-19 years (up to 25 years with Special Educational Needs and Disabilities, SEND).

<https://fis.cornwall.gov.uk/synergyweb/CornwallFIS/>

ACTIVE LIVING SERVICES AGE UK

Offer many services to the Carnon Downs area. This includes gardening, transport and home support. www.ageuk.org.uk

U3A - Opportunities for those no longer in full-time work, to come together through exploring new ideas, skills and interests.

<https://u3acarrick.org.uk/>

Spring and Summer in the Carnon Community Chapel

Greetings from everybody at Carnon Community Methodist Church. We would just like to give a heartfelt thanks to all those who took part in any of our activities during Spring and Summer this year.

Building upon our Easter celebrations, held in Chapel and out in the community, we continue to engage with our community this hot Summer. Our successful involvement in the 'What's On Live' launch of the My Feock Wellbeing Hub at chapel 6th June was very enjoyable and a great example of what our community can offer to all.



Our 'Summer Programme' of events are in full effect both indoor and out: Our 'Nature Day Out' you can see the photo of our base camp (above right)! We have shared outdoor Church Puppet Shows at two preschools, taken Open the Book to Devoran Primary School, been on the beach for our Prayer BBQ, continued with our weekly Warm Welcome Coffee Morning,

We celebrate the end of our 200th Anniversary year with a Flower Festival and special concert with the Truro Male Voice Choir, 26th & 27th September. All are welcome to our events; there is something for all ages and abilities providing joy and fellowship throughout our community.

The Hub took part in the village Scarecrow Competition and recreated Edward Olive. Edward was born in 1787 (St Gerrans) and died in 1874. He built a house on some land along Valley Lane and called it Ebenezer.

With his wife Honor they had 10 children. "Captain Olive" as everyone called him started a Sunday School in his barn at Ebenezer, he was one of the founding trustees of this Methodist Church. He farmed land along Bissoe Road and was the rent collector as well as a shoemaker, as depicted by our scarecrow.



Programme: All weekly unless stated

- SUN. 10:30 Morning Worship
MON. 10:00 Sunbeams 'Stay and Play'
Group (0-4 years)
TUES. 10:30 Bible Study
10:00 Repair Café
(Last Tuesday of each month only)
WEDS. 09:30 Prayer Group
10:30 Coffee Morning
14:30 Carpet Bowls
THURS. 09:30 Little Eden
(First one of each month only)
Friday 14:30 Wesley Guild (Oct-Mar)

*I lift up my eyes to the mountains
where does my help come from?
My help comes from the LORD,
the Maker of heaven and earth.
Psalm 121.*

May the love of God shower you,
your family and your friends with
many blessings.
Pastor Adrian Mitchell.

The Hub: Carnon Community Methodist Church.

For information and updates
see <https://www.facebook.com/CarnonHub>





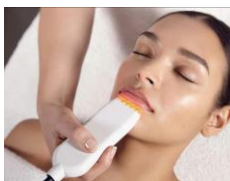
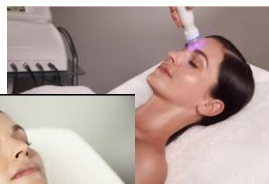
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Heatwave and Cornish Gardens

The hottest day in Cornwall was the 25th May 2026 when temperatures were recorded as 31.0°C at Bude and 28.8°C at Camborne. The hottest night was 26th-27th May with 21.4°C recorded at Camborne.

On 29th July the Environment named 7 regions that were in a drought, including Cornwall. Rainfall has been well below the normal average, and the ground has baked dry. On 8th August, a hosepipe ban came into force. What does all this mean for our gardens?

- **Wilting and Stress:** Signature Cornish plants like hydrangeas and shallow-rooted crops suffer heavy leaf-droop and heat shock.
- **Early Dormancy:** Many perennials and trees shut down active growth early to conserve internal moisture, reducing seasonal blooms.
- **Pest Vulnerability:** Dry conditions weaken plant defenses, making them more susceptible to opportunistic insects and fungal diseases.



Causes

- Late summer heat
- Water deficit
- Nutrient depletion

This Hydrangea is feeling the August heat. The soil has dried faster than the roots can drink. The spent brown flower heads are a sign that the blooming cycle is ending. The crispy leaf edges suggest heat stress. The paler leaves indicate the plant has exhausted its nutrient reserves.

Burncoose Nurseries has shared some new ideas for plants which will tolerate or even relish a heatwave with no need for additional watering. These include:

1 - *Green Cloud (Leucophyllum Frutescens)* - The Texas rain sage is a fast-growing small shrub with lush green foliage and vibrant pink flowers. It has extreme heat tolerance and thrives in full sun.

2 - *Paired-Flowered Agave (Agave Geminiflora)* forms a pin cushion like rosette of leaves. The leaves are filamentous and this grows into an attractive feature. It likes to be planted in a hot dry location, especially in coastal locations.

3 - *Rose of Sharon (Hibiscus Syriacus 'China Chiffon')* has large semi-double white flowers with purple-red markings at the base of each petal. Full out in July this is an outstanding shrub for a hot sunny location in a town or a cottage garden.

4 - *Trumpet Creeper (Campsis)* thrive climbing up hot sunny walls or garden fences.

5 - All *Bottlebrush (Callistemon)* and *Spider Flower (Grevillea)* relish hot conditions.

For more information visit www.burncoose.co.uk



Carnon Downs Gardeners' Association.

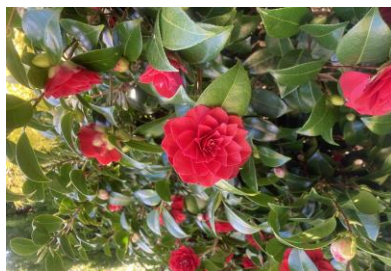
If you have an interest in gardening, plants or nature in general I'm sure you would enjoy our friendly gardening club.

We meet on the 3rd Tuesday of the month from September till April except in December. Our meetings are held in the Village hall from 7.30pm. Doors open from 7pm. Most months we have a speaker & afterwards refreshments are available and there is always a raffle.

Our November get together is our Quiz night and in April we hold our AGM plus ever popular plant swap.

Annual membership is £15 for the calendar year. We always welcome new members and visitors.

For more information, please contact Mary -
maryjackmanco@yahoo.co.uk



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CARNON DOWNS MEMORY CAFE

The Memory Café in Carnon Downs was started 13 years ago because it was felt that support was needed for people with memory loss and their carers. Memory loss might be because of dementia, of which there are many types, or perhaps a stroke or a tumour. Thirty years ago, there was very little support for them, now there are nearly 40 Memory Cafes all over Cornwall. Carers are helped by meeting other carers and for two hours twice a month they and their charge are amongst people who understand what they are going through. We meet in the Carnon Downs village hall on the first and third Thursday of the month from 2 – 4.00pm. There is always some form of entertainment which might include a talk, craft or music which has been found to be good for people with memory loss.

Our trip out in June was by coach to Lands End with a nice lunch at the hotel. It did not rain, the wind did not blow but we could not see a thing because of the mist. We could hear the Longships light house foghorn but could not see it! But we enjoyed being in each other's company. A guided tour around Glendurgan gardens was enjoyed in May and ended with tea and biscuits down in Durgan.



We have just celebrated summer with a party and will have another at Christmas with seasonal entertainment and a visit from Father Christmas. Then there will be the festive lunch to look forward to and a visit to the pantomime.

There is always laughter and a lot of chatter when friends meet up. It is free because we are supported through donations and grants. Without that there would be no café.

For further information please contact Sally Brocklehurst, Chairman. [Tel:01872 864717](tel:01872864717) or see <https://www.cornwallmemorycafes.co.uk/>



Nankersey Male Choir

Our choir has been entertaining audiences for over 70 years at concerts and community events. Members come from Falmouth, Penryn and surrounding villages (including Carnon Downs). During 2026 the average attendances in the practice room are over 40 choristers but there is always room for more!

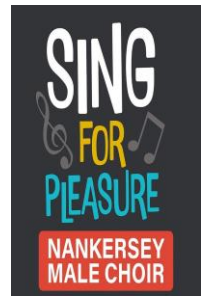


Photo from St Agnes Methodist Church joint concert with the St Agnes Singers.

We welcome both experienced or inexperienced men in our very friendly and sociable choir. Why not come along to a rehearsal on a Monday night at Penryn Athletic Football Club, Kernick Road, Penryn TR108QE between 7.30 and 9.30pm and discover the enjoyment of singing together?

A few highlights have been our biennial concert with Mousehole Male Voice Choir in March, a concert in aid of the Falmouth Salvation Army in April, the 12th International Male Choir Festival in May and the annual International Sea Shanty Festival in Falmouth in June.

The supporters group help to organise regular social events, such as bowling and monthly bingo nights, and these are regularly updated on our facebook page 'The Nankersey Male choir' which you can access by clicking on the QR code above. We have recently started a breakfast club on the second Thursday of every month at Constantine Cricket Club. Further information under events on our Facebook page.

If you would like further details about the choir, please contact through the Facebook page or the choir's website www.nankerseychoir.co.uk

Steve Simmons (Press Officer for the Nankersery Male Choir)

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CARNON DOWNS VILLAGE HALL

Carnon Downs Village Hall has been a hive of activity this year, with a huge variety of activities every day of the week.

Behind the scenes we have a group of volunteers and Trustees running our Village Hall, ensuring the smooth running of the daily operations here. In addition, this summer they have arranged a tidy up the gardens and the restoration of the bench by the front door, which was placed in memory of Mike Cottingham, who was a key player in the establishment of our community venue.

Our security system has also had a major upgrade this year, since the break in during the Christmas closure period. CCTV continues to be in operation 24/7. The board of trustees is currently a group of 8 individuals, who meet 4-5 times a year. All are volunteers, who serve 3-6 years at a time. We are actively looking for a new Treasurer, as our current Treasurer is stepping down in 2027, having completed her 3-year stint. If this is something you might be able to help our community with, please get in touch with John Larke, our current Chair, on 07968 515673. John would be very happy to give further details about what the role involves. If you are interested in joining the team or volunteering in any other way (gardening, meet and greet, or housekeeping to name a few roles going spare!) please email cdvhbooking@gmail.com. Wishing you all the very best for the rest of 2026

Carnon Downs Village Hall Trustees

CARNON NEEDLE & CRAFT GROUP

Carnon Needle & Craft Group are keen to welcome new members. Our aim is to enjoy & promote all crafts, while making friends and learning from each other. Some current projects include crochet, tatting, embroidery, beading and paper crafts. We also have occasional Guest Speakers and we support local charities.

Come along and join us. We meet every Monday morning from 9 - Noon at Carnon Downs Village Hall.

If you would like to know more about us, please contact Mary on 0797762948 or Lynne on 07740 518237

Carnon Downs Film Club

The film club runs on the third Friday of each month from September to May (excluding December) at the village hall. Doors open at 6:30 for refreshments and the film begins at 7:30. Admission is £4 per film. Any profits are donated to local good causes.

Contact Caroline Richards on 01872 864567

CHANGES TO CARNON DOWNS

- Building work is underway:
 - on the site of the Old Workshop at the junction of Staggy Lane with Forth Coth. for a new residential bungalow (PA21/11529 granted 2024).
 - To build a replacement dwelling on the site of a former bungalow at The Nurseries Carnon Crease (PA15/112244).
- The footpath that runs to the northeast of the Cat Protection Centre has been widened and treated to a stone finish.
- The 'Little Dough House' has opened on Bissoe Road selling bakes and cakes on a Saturday.
- The 'Spar Shop' is transitioning to new ownership. In May A.F. Blakemore & Son Ltd agreed to acquire the SPAR retail and logistics assets of Appleby Westward Group in Southwest England. The deal included 71 company-operated SPAR stores
- The Beefeater 'Carnon Inn' at Carnon Downs, near Truro, is scheduled to close on Thursday 10 September 2026 as part of Whitbread's decision to exit its remaining branded restaurant businesses.



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I expect most articles are talking about the weather in this issue and with good reason, its been fabulous although a very difficult time for farmers and growers. The WI enjoyed a Garden Party with Cream Tea and Pimms plus summer games in our Treasurer's garden. So yummy and relaxing sitting there surrounded by flowers, bees and endless blue skies above.

We recently had a fused glass workshop and for a small charge, we all made our own pieces of hanging glass to take home. Incredible stuff.

In July, we took part in the village Scarecrow Competition and received Highly Commended for our 'Pre WI Lady' (making jam of course). The WI in the UK was not formed until 1915 in the UK, but moves were afoot many years earlier in Canada with the eventual setting up the Canadian National Council of Women in 1893.

We didn't manage a Spring Fayre this year as we were short of members and helpers but our Christmas Fayre will go ahead on 21 November in the Hub on Bissoe Road. There will be stalls (contact me to book one for Just £10). We will have our WI stalls, teas and coffee of course. For the full details watch posters nearer the time. It will either be soup lunches or mince pies and cream; we'll see what our members decide at our September meeting. This will be followed by our Members Christmas Party afternoon on 9 December - Secret Santa, Entertainment, Party Games, and food (we all bring a plate). In the meantime, we have a Quiz on the 23 October with Ray our favorite Quiz Master.

We are looking forward to welcoming some more members in the autumn, we are a bit low at the moment compared to other groups but nevertheless we have a full list of speakers booked up well into 2027.

Come for a free evening to see if it's your thing or if you want to listen to a particular speaker (there may be a small charge once you have you have had your freebee). We look forward to meeting you.

If you find our more about what we have been doing over the last few months or more details regarding our programme ahead then please do get in touch.



We mustn't forget our extra groups. Knit and Stitch who meet on Monday afternoons and the Walking Group. You can be included on a mailing list for details each month.



Not only do all the individual Cornish WI's do a host of things of interest, but the Cornwall Federation of WI's also organises things far and wide covering many amazing things. I went on their Netherlands coach trip this year, including visiting the beautiful Keukenhof Gardens, 2027 will see me going to Southern Ireland. The WI offer such well organised holidays using comfy coaches.

SEPTEMBER 26	Tues 8	LIFE WITH A GUIDE DOG Liz Hargreaves & Ferdy
OCTOBER 26	Wed 14 Fri 23	LIGHTHOUSES Tony Bleddard QUIZ in Village Hall 7pm
NOVEMBER 26	Sat 21 Wed 11	CHRISTMAS FAYRE in Methodist Hub WILD ABOUT CORNWALL David Chapman
DECEMBER 26	Wed 9	CHRISTMAS PARTY Bring a plate of food please.
JANUARY 27	Wed 13 TBC	FEMALE VICTORIAN EGYPTOLOGISTS: PIONEERS & PILFERERS Emma Hughes (the lady time traveller) CHRISTMAS LUNCH Venue to be decided.
FEBRUARY 27	Wed 10 Fri 19	AN ENTERTAINING POETRY PERFORMANCE Clive Blake QUIZ in Village Hall 7pm
MARCH 27	Wed 10	CORNDOLLIES & HARVEST IN CORNWALL Hazel Mark
APRIL 27	Tues 13	ANNUAL GENERAL MEETING Nominations welcome for our Committee
MAY 27	Tues 11	MATHS MADE FUN Linda Jose-Richards



For further information contact Pet Chapman, President via phone 01872 865165 email petchapman@hotmail.com, Facebook messenger, or come along to one of our meetings at the Carnon Downs Village Hall

- April to September - 2nd Tuesday of each month at 7pm.
- October to March - 2nd Wednesday of each month at 2pm

You will be most welcome

STAFF NEWS

Hello everyone! I would like to introduce myself – my name is Karen Warnham, and I recently started as the new Practice Manager at the surgery working alongside the partners, Alison and the team. My background is as a Practice Manager within the veterinary profession, so although practice management is familiar to me, the patients were a little different! Over the years I've gained qualifications in both Accountancy and Human Resources.

I have worked across many aspects of practice management. While I'm new to the NHS, I'm really enjoying learning about primary care. I appreciate everyone's patience and support as I get to grips with the many NHS acronyms and ways of working. Outside of work, I enjoy walking my dog and spending time with my animals. I also have four cats and a rabbit – one of the side effects of working in veterinary practice is that you somehow end up giving a home to the strays!



As I settle into the role, I hope to continue building on the fantastic work already taking place within the practice. Like Sarah, I believe a positive culture should be at the heart of everything, with teamwork, mutual support and a shared commitment to providing the best possible care for our patients. We will be saying goodbye to Sarah McCammon who has been at the helm since

2022 but her family have moved back to Worcester so she must finally make the move herself.

RECENTLY DISCHARGED FROM HOSPITAL?

If you have been recently discharged from hospital and need either stitches removed or dressings changed please call us as soon as possible.

Our nurse clinics are extremely busy and appointments get booked up very quickly so we need as much notice as possible, please do not leave it too late.

I've really appreciated the warm welcome and look forward to getting to know everyone more over the coming weeks and working together to continue the great work that's already in place within our community.



HAVE YOU GOT VISITORS STAYING THIS SUMMER?

When family and friends visit, they may forget their medications or become ill. Below is a useful guide to where is best to source treatment or advice.

Injured or unwell? Here's 'Where is best'						
 Cornwall and Isles of Scilly						
Self-care at home	Local pharmacies	Your own GP	Minor injury units	NHS 111	Mental health support	When to call 999
Treat headaches, coughs and colds, small cuts and grazes at home	For minor illnesses, emergency supplies of most prescription medicines, including contraceptives	For concerns about aches and pains, vomiting, asthma or persistent symptoms	For minor illness or injuries within the last 14 days, such as sprains, broken bones, burns. No appointment needed, open late	For urgent and out of hours advice, use 111 online or call NHS 111	For a mental health emergency, call NHS 111, select the mental health option	For serious and potentially life-threatening injury or illness

ADVANCE NOTICE – FLU SEASON PLANNING HAS STARTED!

We are in the process of planning the flu and winter covid booster campaign. Our proposed dates are **Saturday 3rd, 10th and 17th October** with a possible extra date in November. The clinics will be available to book from the end of August. PLEASE DO NOT WAIT FOR AN INVITE. You can ask at the desk or over the telephone and we can get you booked in.



CALLING THE SURGERY (TEL: 01872 863221)

Is the team busy today - wondering how busy the phones are?
You can now check our website, and it shows the number of callers waiting - so if you want to wait that's fine, wait in a virtual queue for the callback or if it's not urgent call later in the day when it's not as busy.

www.carnondownssurgery.nhs.uk

Doors Open 08:00 to 18:30 Monday to Friday

Dispensary window closed 13:00 to 14:00 every day for the collection of medication

DEVORAN MARKET



The market is held on the 2nd Saturday of each month in the Village Hall, Devoran. It is well worth a visit to browse the many stalls which range from food to crafts.



For all your home and garden needs including:

- Handyman Service
- Home Improvements
- Internal/External Painting
- Gardening & Fencing
- Paving & Pathways
- Clearance Work
- External Cleaning

Father & son team covering Mid & West Cornwall. Contact

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kpscornwall@outlook.com



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I am writing this article on the day that the UK gets a new Prime minister, with nobody really knowing what ‘Manchesterism’ will mean for geographically peripheral, rural and coastal areas like Cornwall. What I do know is that it takes the self-appointed ‘King of the North’ under 2- hours to travel from Manchester to London by train, whereas the journey from Truro to London takes over 5-hours (on a good day)! Also, Greater Manchester is an urban conurbation covering just 493 square miles with a population of over 3 million people; Cornwall has a population of one sixth of that spread out over 1375 square miles.

Cornwall is going to struggle with the dilemma that ‘Manchesterism’ puts huge store in ‘Strategic Mayoral Authorities’ (SMAs), devolving many powers and importantly structural funding to these Authorities. According to the government, an SMA should have a population of 2-million + residents and is made up of several Unitary Authorities (Cornwall Council is a Unitary Authority). An SMA is always led by a directly elected Mayor. Cornwall Council is adamant that it doesn’t want Cornwall to become part of an SMA with Devon and that even if the ‘5th Nation’ status that the current Administration is set on achieving is granted, there is no support for a directly elected mayor for Cornwall. My fear is that in firmly maintaining this position and not ‘playing ball’ with the Manchesterism model we will be locked out of future structural funding and devolution opportunities. Hopefully, this won’t be the case.

Since being elected in 2017, much of my work locally continues to be planning and development related. When I last wrote I believed that with a combination of the changes to the National Planning Policy Framework (NPPF) and the imposition of undeliverable mandatory housing targets in Cornwall, we would see a number of very unpopular planning decisions forced upon Carnon Downs in the coming years. This has started to come to pass with two planning applications in Carnon Downs recently refused by Cornwall Council overturned and approved on Appeal by the Planning Inspectorate. For example, a development of nine houses has now been approved ‘in principle’ just beyond the Garden Centre. Brace yourselves for more unpopular development. To compound this, the Planning and Infrastructure Act 2025, which comes into effect from 31st October 2026 will see almost all planning applications decided by planning officers, with the ability for Cornwall Councillors to call applications to a Planning Committee removed. The Feock Parish Neighbourhood Development Plan (NDP), which took so

much hard work and community involvement, has now become all but obsolete in terms of housing development. Whilst it still carries some weight in other areas, it is no longer a protection to unpopular or development. The latest form of local engagement is through what's called a 'Neighbourhood Priority Statement' (NPS) and whilst these won't carry the weight of an NDP, is going to be important to steer the content of Cornwall's next Local Plan. Feock Parish Council and Kea Parish Council (the other Parish that I represent on Cornwall Council) have agreed to do a combined NPS. I see this as a positive decision given the shared interests and concerns of the two parishes. Particularly, and importantly for Carnon Downs (and Playing Place) is the pressure that we will undoubtedly see from developers to build on the land between the two villages. Many children in Feock Parish attend Kea School and many Kea Parish residents are registered with the doctors in Carnon Downs. There is a risk of the two villages losing their individual identities should they gradually be merged along the A39.

The council has had a challenging year setting a balanced budget. The challenge has been made worse by a settlement from government which fell many millions of pounds short of what we were led to believe we would receive last Summer. The government went back on its word when it stated it would be "adjusting for the costs of remoteness faced by rural communities". In reality, the Council had little choice other than to raise Council Tax by the maximum allowed because the Government bases its settlement to the Council on that figure. It's also important to understand that the cost of delivering services isn't just influenced by inflation (which in itself doesn't align with the RPI or CPI figure for the Council). A far greater factor is the increasing demand for the statutory services the Council must provide. It's a simple fact that the increasing numbers of Adults and Children requiring social care and school transport costs are beyond our control, and these make up about 80% of what your Council Tax is spent on.

My role as a Cornwall Councillor is to represent the interests of my constituents, undertaking casework and supporting the two Parish Councils within my Electoral Division. Casework can range from Social Care to Waste Collection. I have a close working relationship with Jayne Kirkham MP. I receive a small budget (Community Chest), which I can allocate to local groups or projects to enhance their facilities or kick-start community initiatives. I sit on several committees namely the Chief Officers Employment Committee, Harbours Board, Corporate Finance Overview & Scrutiny Committee, Standards Committee and Strategic Planning Committee. I am the Armed Forces Members Champion. I can be contacted at cllr.martyn.alvey@cornwall.gov.uk or on 07581 736347

★ CARNON DOWNS COMMUNITY ASSOCIATION ★

SPOOKY FAMILY FUN NIGHT

SATURDAY 31ST OCTOBER

4.30PM - 7PM

CARNON DOWNS
VILLAGE HALL



PUMPKIN CARVING
COMPETITION



GHOSTLY TRAIL



GAMES



SPOOKY FILMS

★ BRING YOUR CARVED PUMPKIN
ENTRIES TO THE VILLAGE HALL
BY 4PM ON HALLOWEEN ★

£2 PER CHILD
INCLUDING A GHOSTLY TRAIL MAP

CHRISTMAS LIGHTS

SWITCH ON EVENING

SATURDAY 5TH DECEMBER

4.30PM - 7PM

CARNON DOWNS VILLAGE HALL
& THE HUB CARNON COMMUNITY
METHODIST CHURCH



MULLED WINE
& REFRESHMENTS



GAMES



CHRISTMAS
GIFT FAYRE



GIANT
SNOW GLOBE



SWITCHING ON OF
THE VILLAGE TREE LIGHTS



MUSIC & FESTIVE FUN



www.carnondownsvillage.co.uk



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Facebook:
Carnon Downs
Community Association



Cornwall Council weed control update

Following the objections from Town and Parish Council's to Cornwall Council's proposal to introduce weed control including the use of glyphosate. Cornwall Council have advised that for the remainder of this year, with the Town and Parish Council's help, they wish to progress a programme of environmental improvements. These will be through a series of interventions including enhancing the greenspace estate and targeted "hotspot" interventions, without the use of chemicals.

This will include reviewing their mowing cycles, enhancing sites for nature on roads and footpaths as well as manual activities such as widening overgrown paths, cutting back edges, and removing weeds from kerb lines. Cornwall Council propose to work closely with the Town and Parish Councils to ensure these interventions are targeted effectively. They also propose to engage with the Cornwall Association of Local Councils to seek advice on how best to involve Town and Parish Councils in finalising their approach, ensuring the additional funding delivers maximum benefit for local communities.

Unfortunately, the Parish Council do not have the budget to deliver weed control this year, over the last couple of weeks we have received a number of complaints from residents about various areas in the Parish looking untidy with vegetation, residents can report these directly to Cornwall Council online via <https://www.cornwall.gov.uk/transport-parking-and-streets/roads-highways-and-pavements/report-a-problem-with-a-road-or-pavement/>. The Parish Council will consider delivering weed control, and the cost of this, once Cornwall Council's position is known and if any funding will be provided to Parish Council's to assist with the cost of weed control, during their discussions for next years precept and the 2027/28 budget later in the year.

Small Grants Scheme Funding

Do you have an idea that could make a positive difference in our parish?

Feock Parish Council's **Small Grants Scheme** is designed to support local community groups and organisations that are based in, or work within, the parish. For the coming financial year, the Parish Council has allocated **£2,000** to help fund projects that benefit our community. So far this year the Parish Council have been pleased to be able to support Devoran and Carnon Downs Village Halls and Carnon Downs Bowling Club.

Through **MyFeock**, the Parish Council's wellbeing initiative, we are keen to support activities that bring people together, improve wellbeing, and enhance the social and leisure opportunities available to parish residents.

Grants of **up to £200 per organisation** are available.

Full guidance, eligibility criteria and application forms can be found on our website. Alternatively, contact **Cathy** by emailing myfeock@feockparishcouncil.gov.uk or calling **01872 863333**, and she'll be happy to help.

We look forward to supporting projects that make a real difference in our community.

Cornwall bus network timetable changes from 26th July 2026

From 26th July 2026, a series of service changes have been introduced. These updates will take place earlier than the usual September service review, giving passengers more time to plan ahead. The changes are in addition to the previously announced summer service enhancements. Many of these improvements have been made directly in response to customer feedback, particularly regarding service timings and route coverage. Their aim is to better meet the needs of passengers and improve overall journey experience.

One improvement is that the **32 service** which was using the Carnon Downs bypass and therefore not coming through the village has been re-routed via Ponsanooth and Perranwell and now is coming up through Carnon Downs via Old Carnon Hill. This is hourly and a daytime service Monday to Saturday. The **493-service** Truro to Feock has had changes made to improve timetable reliability.

Further details of the changes can be found on their website and the latest bus timetables can be viewed online <https://www.transportforcornwall.co.uk/services>

MyFeock What's On Live! Defies the weather

If there was ever proof that community spirit can weather any storm, MyFeock What's On Live! certainly provided it.

Held on Saturday 6th June at The Hub Carnon Community Methodist Church, the event took place despite some of the worst weather of the summer, with heavy rain and strong winds sweeping across Cornwall. Even the Royal Cornwall Show was cancelled, yet local residents still turned out to support this fantastic community event.

Organised by MyFeock Community Hub, of which Feock Parish Council is a partner, the event brought together more than 25 local clubs, charities, organisations and community services, showcasing the many opportunities available within the parish and surrounding area.

Visitors discovered everything from sports clubs, volunteering opportunities and IT classes to local health services, the Repair Café, Hospital Radio, the St Feock Community Minibus, Nankersey Mail Choir, Carpet Bowls and many other organisations. Families enjoyed free face painting and children's activities, while volunteers from The Hub kept everyone refreshed with homemade cakes, tea and coffee.



There are features about many of the organisations in this magazine.



The feedback from exhibitors and visitors was overwhelmingly positive. Many people discovered clubs, activities and services they hadn't realised were available locally, while groups made valuable new connections and welcomed prospective members.

The event's success has already prompted plans for MyFeock What's On Live! to return in June 2027.



REPAIR CAFE

If you can carry it, we'll take a look!



Feock
Parish Council



✓ Wooden items – bolting, tightening, gluing and creating new pieces and woodwork



✓ Clocks (not battery or electric)



✓ Electrical – plugs, fuses, basic wiring (sorry no PAT testing)



✓ Clothing & textiles – mending, zips, darning, repairs



✓ Soft toys, knitting and crochet



✓ Minor jewellery repairs



✓ Technology



✓ Vacuums (must be clean/empty, all attachments present and recharger/cord and plug present)

- ✓ MyFeock Wellbeing & community services help desks
- ✓ Meet your Parish Councillors



POP INTO SEE US – LAST TUESDAY OF THE MONTH
10 TO 11.30AM @ THE HUB – CARNON COMMUNITY
METHODIST CHURCH HALL, CARNON DOWNS



ITEMS MUST BE RECEIVED BY 11AM
TO ALLOW FOR REPAIRS UP TO 11.30AM

*Let's fix it
together*



Cash donations for refreshments & repairs gratefully received towards the cost of running the Repair Café



Contact: Cathy via email
myfeock@feockparishcouncil.gov.uk



Tel: 01872 863333



www.myfeock.co.uk



Feock Parish Council Meetings 2026/27



Feock
Parish Council



2026

	Monday 15 June	Full Parish Council
	Monday 29 June	Access & Amenities Committee
	Monday 13 July	Full Parish Council
	Monday 20 July	Access & Amenities Committee

(No meetings in August)

	Monday 14 September	Full Parish Council
	Monday 28 September	Access & Amenities Committee
	Monday 12 October	Full Parish Council
	Monday 26 October	Access & Amenities Committee
	Monday 9 November	Full Parish Council
	Monday 30 November	Access & Amenities Committee
	Monday 7 December	Full Parish Council

2027

	Monday 11 January	Full Parish Council
	Monday 25 January	Access & Amenities Committee
	Monday 8 February	Full Parish Council
	Monday 22 February	Access & Amenities Committee
	Monday 15 March	Full Parish Council
	Tuesday 30 March	Access & Amenities Committee
	Monday 12 April	Full Parish Council
	Monday 26 April	Access & Amenities Committee
	Monday 10 May	Annual Meeting of the Parish Council



TIME & VENUE

All meetings begin at 6pm at the Parish Council Office, The Old Market Hall, Market Street, Devoran, TR3 6QA



PUBLIC PARTICIPATION

Residents are warmly invited to attend. You may ask questions or speak on an agenda item during the Public Participation session at the start of each meeting.



AGENDAS

Agendas for meetings are published on our website and noticeboards. Planning, Finance & General Purposes and Staffing Committee meetings are arranged as necessary.



The Parish Council Office and library are open Monday to Friday, **9am to 12 noon**



01872 863333



Facebook pages:
Feock Parish Council
MyFeock Wellbeing



Instagram page:
feock_parish_council



Websites:
www.feockparishcouncil.gov.uk
www.myfeock.co.uk



Kenwyn Valley Flower Club

Need a new creative hobby for 2026? Or just want to be entertained and make new friends?

Fun, Flowers, Friendship Tea and Cakes are at the heart of our meetings

We meet on the 4th Tuesday of each month (Except August) at Carnon Down Village Hall arrive 7 for 7:30 start – Subscriptions £55 pa Visitors £5 per session. New members or visitors are always welcome!

We offer a mixture of demonstrations, workshops and annual garden visit.



Schedule of future meetings:

22 September – Julia Harrison "Backwards and Forwards"

6 October – Golden Anniversary - Penmorvah Hotel

24 November – Fiona Hammond – Imposed Demo "Bouquets, Baubles and a Bit of Fun"

December – Social event TBA

MY FEOCK WELLBEING

Repair Café Update

The Repair Café in Carnon Downs continues to thrive. It is part of the Cornwall Repair Café Network. As of August 2026, the Network has achieved 107 repaired items, 16 of which were from Carnon Downs.

MyFeock Community Hub – Foot Care Days

We are planning to hold a series of Foot Care sessions focussing on foot care, advice and helpful tips from a professional practitioner. You can also find out how to care for your own feet in the best way and how to contact local providers if you need treatments.

The dates are the 10th, 17th and 24th October to coincide with the Flu jabs at the Carnon Downs Surgery. If you are getting your flu jab then why not pop along and check out the Foot Care Day just up the road! Refreshments will also be provided.

PUNCHBOWL AND LADLE

This local pub in Feock offers a Local's Discount: 20% off food and drink every time you dine until 1 October 2026. The discount is available to residents living in postcode areas TR1, TR2, TR3, and TR4. You need to bring proof of address, and they will issue a Local's Discount Card.

CARNON DOWNS CAMPSITE

Throughout the summer there have been visiting food vans to the campsite offering tasty takeaways for campers and visitors to the site. There have also been entertainment evenings. These are likely to continue through September and beyond. Well worth a visit.



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Yvette Wallace

BSc, Dip FH, MAFHP, MCFHP.

Foot Health Practitioner

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 **www.energiseyoursoles.co.uk**

FERRIS'S GARAGE, FEOCK – END OF AN ERA

Ferris Garage Limited has operated for 72 years at their site in Feock. It will close on 30th September 2026.

First built by Cyril Ferris in 1954, this village institution has been a cornerstone of local life for three generations. Many residents of Carnon Downs may have used this garage over the years and wish the owner a happy and healthy retirement.



Do you want to advertise in this magazine? We will be offering 1/3-page adverts in the next edition alongside the current full page, ½ page and ¼ page formats. Space is limited to maintain the balance of news and adverts. The income covers the printing costs. We particularly welcome any local businesses. Payment is per edition rather than a long-term commitment although some of our advertisers have supported the magazine for many years. Please make contact by email to carnondownsnews@gmail.com to find out more.

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Call or email for a no obligation quote

MEADOWSIDE NURSERY Carnon Downs

We are a family business growing & selling seasonal vegetables from our onsite shop. Plus a range of plants, eggs and preserves.



We will be offering 'Tree Tagging' to choose your tree.



Halloween pumpkin displays and sales

Pot grown & fresh cut Christmas Trees from our nursery

See our Facebook & Insta. for live updates

*Cash only * Free parking*

OPENING TIMES
Saturday 8 till 4.30
Sunday 10 till 4.30
Wednesday 10 till 4.30



Chyreen Lane
Carnon Downs
TR3 6LN

Regular updates on Instagram & facebook

MEADOWSIDE NEWS

Hopefully by the time everyone is reading this we would have had a nice few showers of rain. It has been one of the driest summers that I can remember. Writing this at the beginning of August we are in desperate need of some rain!



Whilst it has been lovely for some jobs (we have had some of the nicest hay we have made in years) the growing side has not been so simple.

Surprisingly most of our field crops have got away really well. All of the ground was prepared early and when planting the ground was pretty wet this has started

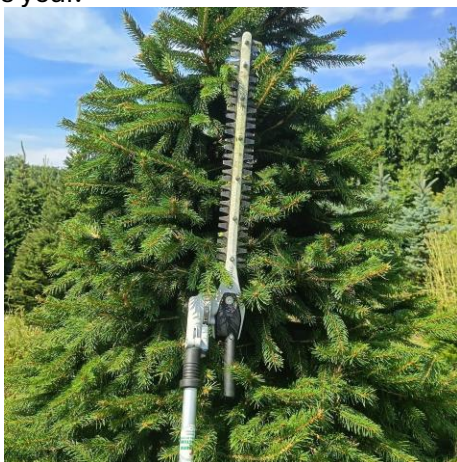
everything off okay. A lot of the crops do send their roots down looking for moisture which helps this also make a much better plant.

We have just started harvesting the first of our leeks and carrots and any day now the kale, cabbage and everyone's favourite the purple sprouting broccoli will be ready. The pumpkins and squashes have struggled a bit but we have hand watered then twice now and fingers crossed this has kept them alive and they are starting to form some lovely looking pumpkins.



This last few weeks we have been busy pruning Christmas trees. This is normally done twice a year a big prune is done January time and around August we flip through again making sure they are all looking there best and a lovely shape. Last year's pick your own tree from the field was such a huge success we will be doing it again this year, so we are putting a lot of effort into getting some incredible trees for you all to choose.

We are also in the process of building a new shed which mainly will be used as a machinery store but most importantly will double up as our Christmas tree sorting area so when it comes to Christmas time and it's freezing cold and pouring with rain we will have somewhere where we can net and sort all the trees. Well, that's the plan fingers crossed we will get it all sorted in time for this year.



Over the next few weeks, we will be making a start on potting on all the autumn and winter plants. Pansies and violas will arrive as plugs any day now along with the wallflower. These will then all be potted up and spaced out ready for sale in the following months. Primroses follow on just after with several varieties all being planted at the same time but will flower from December right on through until the spring.

See our advert for opening times and links to receive our latest information.

Ralph

Rolling back the years

The Truro to Falmouth branch line passes through Carnon Downs and its neighbouring parishes barely noticed. The two-carriage train that plies up and down each day is largely unseen as the line runs through fields and woods, over viaducts, through tunnels and behind houses.



A rare photograph of Ringwell viaduct. It was demolished and an embankment built when the Carnon Valley wooden viaduct was replaced in 1930s with an impressive granite and concrete structure

Conveniently linking Truro and Falmouth, with its stations at Perranwell, Penryn and three in Falmouth, it quietly goes about its day- to-day business. But in the early 19th century things would have been rather different. Across Britain, many railway companies were set up, keen to cash in on the railway building boom and its hoped-for cash generation for shareholders. Even then there was talk of building a railway line linking London with Falmouth home port of the Packet Service which carried mail around parts of the world.

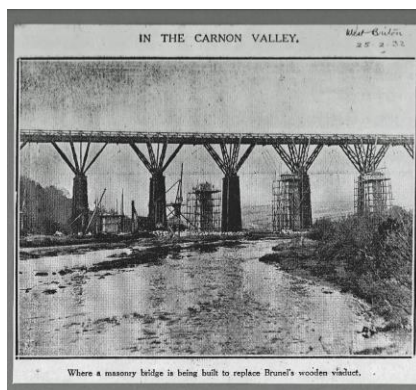
By the late 1830s there was a lengthy, and somewhat complicated, route envisioned by the Cornwall Railway Company, but a number of difficulties followed.

The line from Plymouth to Truro opened in 1859 after Brunel's Royal Albert Bridge was built. But what about the line to Falmouth? It was to be another four years before that was completed by a group of four railway companies. The route through hilly Cornwall had steep valleys to be crossed. Civil engineer I K Brunel designed high timber, fan-shaped viaducts with tall masonry piers supporting them. These included the original viaduct crossing the Carnon Valley and a smaller one crossing the Ringwell Valley.

Building a railway from Truro to Falmouth must have had a big impact on people living on its proposed route. Those living on land the railway company had its eye on would have been worried. For many, who were farmers or smallholders, there was little they could do. Many of them were tenants and would have no say in what happened to their land.



A clear view of the intricate fan-shaped supports of the original Carnon Valley viaduct designed by Brunel. The modern 1930's version can be seen behind.



Building the new Carnon Valley viaduct in 1932 from a West Briton newspaper cutting February 25 1932.

Local historian Phil Davey recalls that some of his forebears' holdings were cut off from each other when the railway divided their land.

Work continued and the line finally opened in August 1863 with much celebration in Falmouth. Trains began to pass regularly each day through a corner of Carnon Downs, although the nearest station was at Perranwell.

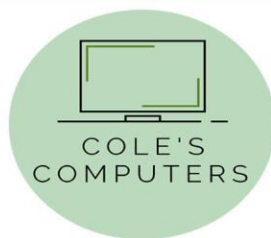
The timber viaducts were no longer functioning well by the early 20th century, and it was decided to replace the Carnon Viaduct with a much higher masonry and concrete structure. That meant the Ringwell viaduct needed attention too. It was now at the wrong level and so a very high embankment was built.

In summer it's difficult to spot the train as it travels along the Ringwell embankment, making it way towards the Sparnock tunnel in Kea parish. The embankment is covered with trees. It is surprisingly high and it must have taken an enormous amount of rubble, stone and soil to create it.



View of Carnon Valley viaduct nowadays with the pillars of the original one seen behind (T. Dundon)

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T & C's Apply

Carnon Downs Old Cornwall Society

The much-anticipated trip on the paddle steamer Waverley that had to be cancelled last summer due to the rough sea conditions had no such problems this year when several members enjoyed a full day out ‘paddling’ from Falmouth to Lands End via Penzance with sun hats and glasses an essential. The sun glistened on the calm blue sea with excellent views of our Cornish coastline along the way.

In August a large group of members joined the annual evening boat trip ‘up the creek’ on the high tide crossing the Carrick Roads visiting the inlets at St Just in Roseland Church, Precuil etc with commentary on the dwellings and estates and the present and past famous owners of these properties. Refreshments included the Cornish Pasty of course.

Our new programme commences on Tuesday 1st September with a visit from Andrew Langdon presenting ‘An Introduction to Cornwall’s Medieval Stone Crosses’ followed in October with Roger Radcliffe and ‘Sets and Spells’ Part 6, the final one in this series. This presentation along the North coast from St Agnes has been fascinating with excellent photos and interesting tales, one not to be missed.

Cornish Cheeses (with some sampling) is the subject with Lynher Dairies in November and for our Xmas entertainment this year we welcome Dew Varda.

The Spring session begins with our member Frank Argall presenting Cornwall in 50 Minutes followed by Carclew Estate with the owner Amanda Tomkinson. Welcome back to Trevor Smitheram in March with Cornish Dialect Stories.

Meetings are in the Village Hall on the first Tuesday of each month September to April at 7.15pm. Annual membership £15.00, visitors £3.00 per visit (cash or online payment). All Welcome. LH Chairman

Waverley—the world's last seagoing paddle steamer—completed a special coastal tour of Cornwall in late May 2026



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CARNON DOWNS BOWLING CLUB

Lawn Green Bowls

Have you ever thought you need a hobby to help you relax after a hard day at work? Why not come along to the Carnon Downs Bowling Club and try your hand at bowls. We are open 7 days a week from 10am and we hold friendly practice matches every Wednesday afternoon 2pm to 4.30pm, sometimes followed with a cup of tea.



We recently acquired new benches, tables and parasols thanks to Feock Parish council, Councillor Martyn Alvey, Homeleigh Garden Centre and Goodh brewery (Skinners).



If you are interested to find out more about the club contact Steve McCarthy on 01872 396091 or email mccarthies@aol.com

WILD BIRDS

Are you interested to identify the wild birds visiting your garden or when out on a walk? After watching Clarkson's Farm series 5 (you will know what I mean if you have seen it) I downloaded the free Merlin Bird ID APP and discovered that I am a regular haunt for Jackdaws, Magpies, Wood-Pigeons and Gulls. On 30th June I walked up to Jubilee Woods and recorded 12 species in 5 minutes. The APP listens out for bird sounds and provides a suggested match with a visual image as per the screenshot below.



Apparently, a healthy UK garden hosts about 15-30 different species throughout the year. 10-15 in a single season is great.

Providing food, offering water and planting native shrubs, particularly dense, berry producing or insect-friendly plants can all help boost numbers.

To find out more go to <https://merlin.allaboutbirds.org/>

REGULAR VILLAGE ACTIVITIES

Weekly	Time	Venue
MONDAY		
• Carnon Lace & Needlecraft	0930	CDVH
• Sunbeams Parent & Toddler Group	1000	HUB
• Pilates (Gentle)	1215	CDVH
• Knit & Stitch Group	Pm	CDVH
• Monday Club	1430	KCC
• Youth Club	1600	HUB
TUESDAY		
• Pilates (Fresh)	1230	CDVH
• Pilates (Intermediate)	1610	CDVH
WEDNESDAY		
• Community Coffee	1030	HUB
• Pilates (intermediate/ improvers/ gentle)	1330 /1815/ 1930	CDVH
• Carpet Bowls	1430	HUB
THURSDAY		
• Yoga (General / Beginners / Iyengar)	0930 /1130/ 1815	CDVH
• Whist drive	1400	
FRIDAY		
• Pilates (intermediate/ improvers)	1000/ 1115	CDVH
• Crochet & sewing workshops	1000	CDVH
• Bridge Club	1300	CDVH
SATURDAY		
• Youth theatre	1030	CDVH

Other intervals	When	Venue
Repair Café	Last Tuesday 1000	HUB
Pain Café	2 nd Tuesday 1330	CDVH
Old Cornwall Society	1 st Tuesday 1915	CDVH
Carnon Downs Gardeners Association	3 rd Tuesday 1930	CDVH
Kenwyn Valley Flower & Garden	4 th Tuesday 1930	CDVH
WI (April to September)	2nd Tuesday 1900	CDVH
WI (October to March)	2 nd Wednesday 1400	
Memory cafe	1 st & 3 rd Thursdays	CDVH
Film Club	3 rd Friday 1930	CDVH
Bingo	1 st & 3 rd Saturday	CDVH
Recorder players	Monthly 1400	CDVH

Key: Carnon Downs Village Hall (CDVH), Carnon Downs Methodist Church Hub (HUB) or Kea Community Centre (KCC)

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